

2024

# Over-The-Counter (OTC) Benefit







## Save With Your OTC Benefit

Did you know that your OTC benefit can save you money and you can stock up on all kinds of items? It can also help you and your family stay healthy. You get this extra benefit at **no cost to you**. Make sure to order your items each month. If you do not, you will lose your **\$10** benefit for that month. It will **not** carry over to the next month.

Use your OTC benefit to choose up to **\$10** each month in health and wellness items, such as:

- Medicine for coughs, cold, allergies, fever and heartburn
- Toothbrushes, toothpaste and floss
- First aid items
- Sunblock
- Vitamins and supplements

You have more than 200 items to choose from. Look over the list on the next few pages. We make placing your order as easy as **1-2-3**:

- 1 Choose the items you want
- 2 Have the item numbers ready
- 3 Call our toll-free number or go to **www.WellCareNC.com** to submit your order

## It's Easy to Use

On a computer, smartphone or tablet, log in at **www.WellCareNC.com**.  
(If you do not have a username or password, it is easy to sign up. Just follow the instructions.)

After you log in, click on *Over-the-Counter (OTC) Items*. You can order up to **\$10** in OTC items every month. Once you place your order, we ship it right to your home. (Shipping is at no cost to you.) It's that easy!





## Call Us Toll-Free 24/7 to Place Your Order

Call the number below to reach our automated system. Then just follow the instructions.



## Customer Service

**1-866-799-5318 (TTY 711)**

We can help you Monday–Saturday, 7 a.m. to 6 p.m.



## Important Reminders to Get the Most From Your OTC Benefit

- Your OTC benefit is for your entire family. It is not for each family member on the plan.
- *The OTC catalog may change every year. Be sure you have the latest catalog to see new items and to look for any changes to items from last year. You can look at the current catalog at **www.WellCareNC.com**. You can also call Customer Service at **1-866-799-5318 (TTY 711)** to ask for a copy.*
- Items, quantities, sizes and values may change depending on availability. Items may vary based on the maker and availability. For example, caplets, tablets, capsule or soft gels may be substituted for one another. The brand names of the OTC items are trademarks of each company. Your plan allows for generic items only.
- Please allow up to 10–14 business days for shipping.
- Item cost may change from year to year.



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Analgesics / Antipyretics</b>				
3	Acetaminophen 325 mg Tablets	Tylenol 325 mg Regular Strength Tablets	100	\$4
4	Acetaminophen 500 mg Tablets	Tylenol 500 mg Extra Strength Tablets	100	\$5
6	Aspirin 81 mg Chewable	Bayer Aspirin 81 mg Chewable	36	\$3
7	Aspirin Enteric Coated 81 mg Tablets	Bayer® EC Aspirin 81 mg Adult Regimen	120	\$5
<b>Antacids and Acid Reducers</b>				
12	Antacid Tablets	Tums® Tablets	150	\$5
13	Effervescent Tablets	Alka-Seltzer®	36	\$6
14	Gas Relief Caplet Extra-Strength	Gas-X® Extra Strength	30	\$4
<b>Anti-Inflammatory</b>				
23	Ibuprofen 200 mg Liquid Gel Caps	Advil® Liquid Gel Caps	20	\$5
24	Ibuprofen 200 mg Tablets	Advil® Tablets	50	\$6
<b>Arthritis Medicine</b>				
26	Arthritis Pain Relief Tablets	Tylenol® Arthritis Pain Relief Tablets	24	\$5
27	Hot/Cold Patches	Icy Hot® Patches	5	\$6
<b>Bladder Control Items</b>				
170	Adult Bladder Control Pads	Depend® Adult Bladder Control Pads	28	\$9
200	Disposable Bed Underpads	Prevail® Disposable Bed Underpads	5	\$6
<b>Children's Products</b>				
198	Vitamin A & D Ointment	A&D® Ointment	1 oz.	\$3
28	Acetaminophen 80 mg Chew Tabs	Tylenol® 80 mg Chew Tabs	30	\$5
30	Acetaminophen Jr. Strength Chew Tab 160 mg	Tylenol® Jr. Strength Chews	24	\$7
32	Children's Chewable Multi-Vitamins	Flintstones® Chewable Multi-Vitamins	100	\$8
33	Children's Ibuprofen Suspension 100 mg	Motrin® Children's Suspension	4 oz.	\$10



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Children's Products (continued)</b>				
34	Children's Acetaminophen Liquid	Tylenol® Children's Liquid	4 oz.	\$5
270	Children's Saline Drops	Little Remedies® Children's Saline Drop	30 ml.	\$8
36	Children's Toothbrush	GUM® Toothbrush	1	\$2
195	Children's Toothpaste	Colgate® Children's Toothpaste	3 oz.	\$3
39	Duofilm	Duofilm®	0.3 oz.	\$9
40	Gas Relief Drops	Mylicon® drops	1 oz.	\$10
41	Ibuprofen Infants Drops	Motrin® Infant Drops	0.5 oz.	\$8
42	Jr. Strength Ibuprofen Chew Tabs 100 mg	Motrin® Jr. Strength Tablets	24	\$7
45	Premium Preemi to 6 lbs Diapers	Pampers® Preemi to 6 lbs	20	\$9
46	Premium Up to 12 lbs Diapers SM	Pampers® Up to 12 lbs Diapers SM	24	\$10
47	Premium 12-20 lbs Diapers MED	Pampers® 12-20 lbs Diapers MED	20	\$10
48	Premium 20-30 lbs Diapers L	Pampers® 20-30 lbs Diapers L	18	\$10
49	Premium 30-38 lbs Diapers XL	Pampers® 30-38 lbs Diapers XL	16	\$10
50	Premium 38+ lbs Diapers XXL	Pampers® 38+ lbs Diapers XXL	14	\$10
51	Premium Baby Wipes	Pampers® Baby Wipes	80	\$5
52	Tooth and Gum Cleanser	Orajel® Tooth and Gum Cleanser	1	\$6
217	Baby Shampoo Tear-Free	J&J® Baby Shampoo Tear-Free	15 oz.	\$3
218	Children's Conditioning Shampoo	J&J® Children's Conditioning Shampoo	8 oz.	\$3
299	Baby Nail Clipper	Safety 1st® Baby Nail Clipper	1	\$1
308	Baby Wipes, Travel Size	Pampers® Baby Wipes, Travel	10	\$1
381	Baby Lotion	J&J® Baby Lotion	3.5 oz.	\$5
382	Pediatric Oral Electrolyte Solution, Fruit	Pedialyte® Electrolyte Solution Fruit	32 oz.	\$10
400	Multivitamin Gummies, Children	Little Critters® Gummies	60	\$10



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Children's Products (continued)</b>				
420	Calcium 250 mg + Vit D3 500 IU Child Gummy	Little Critters® Calc+Vit D Child Gummy	30	\$10
421	Vitamin C Child Gummy, 250 mg	Little Critters® Vit C Child Gummy	60	\$10
442	Sunscreen Lotion, Babies, SPF-50	Coppertone® Sunscreen for Babies SPF-50	8 oz.	\$9
<b>Cold/Cough/Flu Remedies</b>				
54	Cough/Throat Drops	Halls® Cough Drops	30	\$3
211	Sugar-Free Cough/Throat Drops	Halls® Sugar-Free Cough Drops	25	\$3
58	Mucus Relief Tablets	Mucinex	30	\$8
63	Saline Nasal Spray	Ocean® Nasal Spray	1.5 oz.	\$3
64	Sore Throat Spray	Chloraseptic® Sore Throat Spray	6 oz.	\$5
67	Vapor Rub	Vicks® Vapor Rub	3.53 oz.	\$5
<b>Dental and Denture Care</b>				
68	Dental Tool Kit	GUM® Dental Tool Kit	1	\$5
69	Denture Adhesive Cream	Fixodent®	2.4 oz.	\$5
70	Denture Cleaner	Efferdent®	40	\$4
71	Fluoride Toothpaste	Colgate®	6.4 oz.	\$4
72	Adult Toothbrush - Medium	Colgate® Toothbrush	1	\$2
73	Dental Floss	Reach® Dental Floss	1	\$2
74	Mouthwash	Listerine®	4 oz.	\$3
75	Sensitive Teeth Toothpaste	Sensodyne®	4.3 oz.	\$5
76	Toothache Relief Liquid/Gel	Anbesol® Liquid/Gel	0.33 oz.	\$4
313	Dental Floss, Waxed	Reach® Dental Floss, Waxed	55 Yards	\$1
314	Dental Floss, Mint Waxed	Reach® Dental Floss, Mint Waxed	55 Yards	\$1
315	Denture Brush	GUM® Denture Brush	1	\$1



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Dental and Denture Care (continued)</b>				
318	Toothpaste	Colgate® Toothpaste	0.85 oz.	\$1
<b>Ear Care</b>				
77	Ear Syringe	Apex® Ear Syringe	1	\$3
78	Ear Wax Drops	Debrox® Ear Wax Drops	0.5 oz.	\$7
<b>Eye Care</b>				
79	Artificial Tears	Visine® Tears	0.5 oz.	\$6
238	Eye Wash	Collyrium® Eye Wash	3.9 oz.	\$5
80	Eyeglass Repair Kit	Calabria® Eyeglass Repair Kit	1	\$5
81	Reading glass Diopter +1.0	Calabria Reading Glass Diopter +1.0	1	\$9
82	Reading glass Diopter +1.25	Calabria Reading Glass Diopter +1.25	1	\$9
83	Reading glass Diopter +1.5	Calabria Reading Glass Diopter +1.5	1	\$9
84	Reading glass Diopter +1.75	Calabria Reading Glass Diopter +1.75	1	\$9
85	Reading glass Diopter +2.0	Calabria Reading Glass Diopter +2.0	1	\$9
86	Reading glass Diopter +2.25	Calabria Reading Glass Diopter +2.25	1	\$9
87	Reading glass Diopter +2.5	Calabria Reading Glass Diopter +2.5	1	\$9
88	Reading glass Diopter +2.75	Calabria Reading Glass Diopter +2.75	1	\$9
89	Reading glass Diopter +3.0	Calabria Reading Glass Diopter +3.0	1	\$9
90	Reading glass Diopter +3.25	Calabria Reading Glass Diopter +3.25	1	\$9
91	Reading glass Diopter +3.5	Calabria Reading Glass Diopter +3.5	1	\$9
92	Reading glass Diopter +4.0	Calabria Reading Glass Diopter +4.0	1	\$9
93	Red Eye Relief Drops	Visine® Drops	0.5 oz.	\$4
429	Eyeglass Cleaner	Bausch & Lomb® Eyeglass Cleaner	1	\$2





## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Fiber Supplements</b>				
94	Fiber Gummies	Vitafusion® Fiber Well Gummies	60	\$10
95	Fibertab Tablets	FiberCon® Tablets	90	\$9
281	Psyllium Powder, Orange	Metamucil® Orange	13 oz.	\$10
<b>First Aid and Medical Supplies</b>				
96	Adhesive First-Aid Tape	Ace® Adhesive First-Aid Tape	1	\$2
189	Aid Ankle Support	Futuro® Aid Ankle Support	1	\$7
191	Aid Elbow Support	Futuro® Aid Elbow Support	1	\$7
192	Aid Hand Support	Futuro® Aid Hand Support	1	\$7
166	Aid Knee Support	Futuro® Aid Knee Support	1	\$7
190	Aid Wrist Support	Futuro® Aid Wrist Support	1	\$7
97	Alcohol Pads	Dynarex® Alcohol Pads	100	\$3
98	Athletic Bandage	Ace® Athletic Bandage	1	\$2
99	Bandages Assorted	Band-Aids® Bandages	100	\$6
100	Butterfly Closures	Ace® Butterfly Closures	12	\$2
101	Corn and Callus Remover	Dr. Scholl's® Corn and Callus Remover	0.33 oz.	\$4
102	Cotton Balls	J&J® Cotton Balls	100	\$3
103	Cotton Swabs	Q-Tips® Cotton Swabs	150	\$3
249	Diabetic Socks Ladies Size 5-10 White	Dr. Scholl's® Diabetic Socks	3 pack	\$7
250	Diabetic Socks Ladies Size 5-10 Black	Dr. Scholl's® Diabetic Socks	3 pack	\$7
251	Diabetic Socks Men Size 6-12.5 White	Dr. Scholl's® Diabetic Socks	3 pack	\$7
252	Diabetic Socks Men Size 6-12.5 Black	Dr. Scholl's® Diabetic Socks	3 pack	\$7
258	Elastic Knee Support	Futuro® Elastic Knee Support	1	\$3



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>First Aid and Medical Supplies (continued)</b>				
104	First Aid Kit	Ace® First Aid Kit	1	\$8
105	Flexible Tip Thermometer	Veridian® Flexible Tip Thermometer	1	\$10
236	Gauze Surgical Sponge Sterile 4" x 4"	Ace® Gauze Surg. Sponge Sterile 4" x 4"	2 pk 25 ct 12 ply	\$6
237	Gauze Value Surgical Sponges 4" x 4"	Ace® Gauze Value Surgical Sponges 4" x 4"	2 pk 25 ct 12 ply	\$5
106	Ice Bag	Carex® Ice Bag	1	\$4
187	Kitchen Scale Dial	Peachtree® Scale Dial	1	\$10
284	Liquid Bandage	Newskin® Liquid Bandage	0.0225 oz.	\$6
107	Liquid Wart Remover	Compound W® Wart Remover	0.31 oz.	\$7
108	Oral Digital Thermometer	Luminiscope® Oral Digital Thermometer	1	\$5
194	Pedometer	Omron® Pedometer	1	\$10
109	Stretch Gauze	ACE® Stretch Gauze	1	\$2
124	Thermometer Probe Covers	Welch-Allyn® Thermometer Probe Covers	30	\$3
203	Gloves, Disposable, SM Non-Sterile	Playtex® Disposable Gloves, SM	50	\$5
204	Gloves, Disposable, MED Non-Sterile	Playtex® Disposable Gloves, MED	50	\$5
205	Gloves, Disposable, LG Non-Sterile	Playtex® Disposable Gloves, LG	50	\$5
435	Medicated Foot Powder	Gold Bond® Medicated Foot Powder	4 oz.	\$8
316	3" Elastic Bandage	ACE® 3" Elastic Bandage	1	\$1
317	Bandages, 3/4" x 3"	ACE® Bandages, 3/4" x 3"	50	\$1
319	Surgical Tape 1" x 10 yd.	ACE® Surgical Tape	1	\$1
320	Hydrogen Peroxide	Swan® Hydrogen Peroxide	4 oz.	\$1
440	Burn Gel, Liquid	Band-Aid® Burn Gel, Liquid	2 oz.	\$5
441	Burn Gel	Band-Aid® Burn Gel	6	\$4



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>First Aid and Medical Supplies (continued)</b>				
295	Tweezers	Revlon® Tweezers	1	\$1
305	Hot Cold Reusable pack 4" x 6"	Sunbeam® Hot Cold Reusable pack	1	\$1
310	Palm Support	Futuro® Palm Support	1	\$1
312	Cotton Balls	J&J® Cotton Balls	76	\$1
444	Ear Dry Drops	Ear Clear® Swimmer's Ear	1 oz.	\$10
448	Ethyl Alcohol GEL	Hand Sanitizer Gel®	4 oz.	\$4
454	Hydrogen Peroxide Spray	Med-First® Hydrogen Peroxide Spray	4 oz.	\$9
462	Epsom Salt	Epsom Salt®	16 oz.	\$5
10112	Lysol Disinfecting Spray 12.5 oz.	Lysol Disinfecting Spray 12.5 oz.	12.5 oz.	\$6
10113	Lysol Disinfecting Wipes Flat Pack	Lysol Disinfecting Wipes Flat Pack	80 ct	\$6
10114	Lysol Disinfecting Wipes	Lysol Disinfecting Wipes	15 ct	\$2
<b>Hemorrhoidal Preparations</b>				
111	Hemorrhoid Ointment	Preparation H® Ointment	2 oz.	\$7
112	Hemorrhoid Pads	Tucks® Medicated Pads	100	\$7
113	Hemorrhoid Relief Suppositories	Preparation H® Suppositories	12	\$7
<b>Lactose Intolerance</b>				
114	Lactase Enzyme	Lactaid® Tablets	60	\$10
<b>Other Items</b>				
199	Antibacterial Bar Soap	Dove® Antibacterial Soap	1	\$3
117	Antibacterial Liquid Hand Soap Pump	Dove® Antibacterial Hand Soap	1	\$5
118	Antibacterial Wet Wipes	Kleenex® Antibacterial Wet Wipes	24	\$4
226	Bug X Repellent	Cutter® Insect Repellent	2 oz.	\$5



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Other Items (continued)</b>				
227	Bug X Repellent	Cutter® Insect Repellent	4 oz.	\$10
119	Calamine Lotion	Swan® Calamine Lotion	6 oz.	\$4
120	Disposable Douche Twin Pack	Summers Eve® Disposable Douche Twin Pack	1	\$7
121	Dry Skin Therapy Moisturizing Cream	Nivea® Dry-Skin Moisturizing Cream	1	\$8
215	Feminine Body Spray	Summers Eve® Feminine Body Spray	3.5 oz.	\$5
122	Feminine Hygiene Wipes	Summers Eve® Feminine Hygiene Wipes	40	\$5
123	Fever Strip Thermometer	NexTemp® Fever Strip Thermometer	1	\$3
125	Hand Sanitizer Spray Pen Twin Pack	Purell® Hand Sanitizer Spray Pen	1	\$3
221	Hydrogen Peroxide	Swan® Hydrogen Peroxide	8 oz.	\$2
126	Lip Balm	Chapstick®	1	\$1
127	Male Condoms	Trojan® Male Condoms	3	\$2
201	Maxi-Pads	Always® Maxi-Pads	12	\$3
219	Medical Appointment Calendar	Browline® Medical Appointment Calendar	1	\$5
206	Medicated Anti-Dandruff Shampoo	Head & Shoulders® Anti-Dandruff Shampoo	11 oz.	\$5
135	Medicine Dropper	Apex® Medicine Dropper	1	\$2
128	Medicine Spoon	Apex® Medicine Spoon	1	\$1
130	Pill Box - 7 days 1 time a day	Aculife® Pill Box - 7 days 1 time a day	1	\$2
269	Pill Box - 7 days AM & PM	Apex® Pill Box - 7 days AM & PM	1	\$4
267	Pill Box - 7 days 3 times a day	Apex® Pill Box - 7 days 3 times a day	1	\$4
268	Pill Box - 7 days 4 times a day	Apex® Pill Box - 7 days 4 times a day	1	\$4
131	Pill Splitter	Apex® Pill Splitter	1	\$3
132	Pocket Facial Tissue	Kleenex® Pocket Facial Tissue	1	\$2



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Other Items (continued)</b>				
133	Pregnancy Test	E.P.T® Pregnancy Test	1	\$8
134	Tampons	Tampax® Premium Tampons	8	\$2
207	Pro-Vitamin Conditioner	Pantene® Pro-Vitamin Conditioner	13 oz.	\$4
220	Rubbing Alcohol 70%	Swan® Rubbing Alcohol 70%	16 oz.	\$3
271	Travel Health Folder 7 Pocket	Penadflex® Travel Health Folder 7 Pocket	1	\$7
291	Hair Pick, Mini Plastic	Cricket® Hair Pick, Mini Plastic	1	\$1
292	Nail Clipper with Nail file and Keychain	Sally Hansen® Nail Clipper with File	1	\$1
293	Bath Ball	Razz® Bath Ball	1	\$1
294	Bath Glove	AquaBella® Bath Glove	1	\$1
296	Eye Brow Trimmer	Noxzema® Eye Brow Trimmer	1	\$1
297	Mini Spray Bottle	Uline® Mini Spray Bottle	1	\$1
298	Hair Comb	Nordstrom® Hair Comb	1	\$1
300	Face Mask, Disposable	Uline® Face Mask, Disposable	5	\$1
301	Nail File	Revlon® Nail File	1	\$1
302	Foot Nail Brush and Pumice Stone	Stylewurks® Foot Nail Brush & Pumice	1	\$1
303	Nail Clipper	Dynarex® Nail Clipper	1	\$1
304	Rain Bonnet	DofmanPacific® Rain Bonnet	1	\$1
306	Eye Mask	Bausch+Lomb® Eye Mask	1	\$1
309	Travel Adult Wipes	Cottonelle® Travel Adult Wipes	10	\$1
311	Shoe Horn	Izola® Shoe Horn	1	\$1
461	Coconut Oil	Natures Way® Coconut Oil	6 oz.	\$3
472	Adult Washcloths Disposable	Prevail® Washcloths Disposable	48	\$5
476	DisposeRX®	DisposeRX®	1	\$4



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Other Items (continued)</b>				
331	Toothbrush Rechargeable Replace Heads	Oral B Toothbrush Heads	2	\$9
447	Cooling Towel	Cooling Towel	1	\$10
453	Flex Seal Spray Bandage	Newskin Liquid Bandage	4 oz.	\$10
490	Flushable Wipes	Uline Flushable Wipes	24 ct	\$6
491	Baby Oil	J&J® Baby Oil	7 oz.	\$3
<b>Topical Ointments and Creams</b>				
145	Petroleum Jelly	Vaseline® Jelly	4 oz.	\$3
171	SPF 50 Sunblock	Coppertone® SPF 50 Sunblock	4 oz.	\$6
<b>Herbs, Vitamins and Minerals</b>				
241	Acidophilus Lactobacilli Probiotics	Swanson® Acidophilus Lactobacilli	60	\$9
148	Adult Multi-Vitamins	Centrum® Vitamins	100	\$8
242	Antioxidant Tablets	Puritan's Pride® Antioxidant Tablets	50	\$10
149	Calcium 600 + Vitamin D	Caltrate® 600 + D Tablets	60	\$7
150	Calcium Tablets	Calcium® Tablets	60	\$5
246	Coconut Oil 1,000 mg	Nature's Bounty® Coconut Oil	60	\$10
247	Cod Liver	Swanson® Cod Liver	100	\$9
248	Coenzyme Q10 100 mg	WINDMILL® Coenzyme Q10	30	\$10
253	Echinacea, 400 mg	Puritan's Pride® Echinacea	100	\$8
255	Eucalyptus Exfoliating Body Scrub	Bath & Bodyworks® Eucalyptus Body Scrub	6 oz.	\$5
232	FDC Vit. B Complex with Vitamin C + Iron	WINDMILL® Vit. B Complex with Vit. C+Iron	100	\$6
233	FDC Vitamin D Tablets 400 IU	Nature's Bounty® Vitamin D	100	\$6
151	Ferrous Sulfate Iron 325 mg Tablets	Nature Made® Ferrous Sulfate, Iron 325 mg	100	\$6



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Herbs, Vitamins and Minerals (continued)</b>				
257	Flaxseed 1,000 mg	WINDMILL® Flaxseed	100	\$10
152	Folic Acid 400 mcg Tablets	WINDMILL® Folic Acid Tablets	100	\$4
259	Garlic Oil 500 mg	Swanson® Garlic Oil	100	\$5
260	Ginseng Complex, 100 mg	Nature's Bounty® Ginseng Complex	100	\$10
261	Glucosamine & Chondroitin 1,500 mg	GLUCOFLEX® Glucos. & Chondro.	30	\$9
262	Lavender Body Cream	Aveeno® Lavender Body Cream	6 oz.	\$3
153	Magnesium 250 mg Tablets	Nature Made® Magnesium	100	\$5
155	Vitamin A 10,000 IU Softgels	WINDMILL® Vitamin A	100	\$4
156	Vitamin B-12 100 mcg	WINDMILL® B-12 Vitamins	100	\$8
157	Vitamin B-Complex	WINDMILL® Vitamin B-Complex	100	\$6
158	Vitamin B-Complex Gummy	Vitafusion® Vitamin B-Complex Gummy	70	\$10
159	Vitamin C 500 mg Tablets	WINDMILL® Vitamin C	100	\$5
193	Vitamin C Gummy	Vitafusion® Vitamin C Gummy	60	\$10
160	Vitamin E 400 IU	WINDMILL® Vitamin E	100	\$8
161	Zinc 50 mg Tablets	WINDMILL® Zinc	100	\$5
414	Biotin Gummy 5,000 mcg	Vitafusion® Biotin Gummy	60	\$10
416	Multi-Vitamin Gummy	Vitafusion® Multi-Vitamin Gummy	60	\$10
418	Vitamin D3 Gummy, 2,000 IU	Vitafusion® Vitamin D3 Gummy	60	\$10
460	Potassium Gluconate 595 mg, Potassium Supplement	Potassium Gluconate®	100	\$7
463	Glucose Tab	DEX4® Glucose Tab	50	\$8
<b>Adaptive Aids</b>				
210	Anti-Slip Safety Tread Aids	3M® Anti-Slip Safety Tread Aids	1	\$4
243	Baby - Cabinet lock	Safety1st® Baby - Cabinet lock	4	\$10



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Adaptive Aids (continued)</b>				
244	Baby - Outlet cover	KidCo® Baby - Outlet cover	8	\$4
186	Button and Zipper Puller	Carex® Button and Zipper Puller	1	\$5
173	Door Knob Gripper	Safety1st® Door Knob Gripper	1	\$6
208	Food Aid Bumper	AbleWare® Food Aid Bumper	1	\$7
175	Jar Opener/Faucet Gripper	Apex® Jar Opener/Faucet Gripper	1	\$6
176	Key Turner	Apex® Key Turner	1	\$3
177	Lamp Switch Turner	Carex® Lamp Switch Turner	1	\$3
178	Letter Opener	Quill® Letter Opener	1	\$2
179	Long Handle Bath Sponge	Bathery® Long Handle Bath Sponge	1	\$7
209	Magnifying Glass	Insterin® Magnifying Glass	1	\$4
180	Pill Bottle Opener Aid	Apex® Pill Bottle Opener Aid	1	\$4
181	Pill Crusher	Apex® Pill Crusher	1	\$8
183	Shopping Bag Carrier	RiteAid® Shopping Bag Carrier	1	\$4
185	Toothpaste Squeezer	EzSqueeze® Toothpaste Squeezer	1	\$3
327	Tub and Stair Safety Treads	PROBASICS® Tub and Stair Safety Treads	4	\$3
373	Brace, Thumb	Futuro® Brace, Thumb	1	\$10
380	Ear Plugs	Vibes® Ear Plugs	1 pair	\$2
384	Panty Liners, Universal Size	Always® Panty Liners	22	\$2
385	Tampons, Super Absorbency	Tampax® Tampons, Super	8	\$2
386	Tampons, Super Plus Absorbency	Tampax® Tampons, Super Plus	8	\$2
387	Maxi Pad, Super Absorbency	Always® Maxi Pad, Super	14	\$3
388	Maxi Pad, Super Max With Wings	Always® Maxi Pad, Super Max With Wings	12	\$3
389	Maxi Pad, Night Wing	Always® Maxi Pad, Night Wing	10	\$3





## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Adaptive Aids (continued)</b>				
390	Disposable Pill Pouches	Ezy Dose® Disposable Pill Pouches	100	\$3
391	Shoe Insert, Foam Women	Dr.Scholl's®	2 pair	\$2
392	Shoe Insert, Foam Men	Dr.Scholl's®	2 pair	\$2
393	Aloe Gel	Fruit of the Earth® Aloe Gel	16 oz.	\$2
395	Regular Shampoo, Non-Medicated	Dove® Shampoo	8 oz.	\$3
396	Facial Wipes	Nivea® Facial Wipes	20	\$2
397	Facial Cleanser	Neutrogena® Facial Cleanser	8.5 oz.	\$2
403	Deodorant, Men's, Non-Medicated, Stick	Degree® Deodorant, Men's	2.25 oz.	\$3
404	Deodorant, Women's, Non-Medicated, Stick	Degree® Deodorant, Women	2.25 oz.	\$3
405	Lotion, Aloe, Non-Medicated	Jergens® Lotion, Aloe	18 oz.	\$4
406	Lotion, Cocoa Butter, Non-Medicated	Palmer's® Lotion, Cocoa Butter	18 oz.	\$4
407	Lotion, Nourishing Vitamin E, Non-Medicated	Neutrogena® Lotion, Vitamin E	18 oz.	\$4
408	Laundry Detergent, H/D No Bleach, Liquid	Tide® Detergent	40 oz.	\$5
410	Flashlight, LED w/Batteries	SunFire® Flashlight	1	\$6
411	Body Wash, Cucumber	Suave® Body Wash	12 oz.	\$3
412	Body Wash, Green Teae	Dove® Body Wash	12 oz.	\$3
422	Night Light	Meridian® Night Light	1	\$2
423	Cosmetic Tweezer	Trim® Cosmetic Tweezer	1	\$2
424	Dust and Germ Mask	Uline® Dust and Germ Mask	10	\$2
425	Hair Brush & Comb Set	Safety1st® Hair Brush & Comb Set	2 sets	\$2
426	Tummy Trimmer	Leonisa® Tummy Trimmer	1	\$6
427	Inflatable Neck Cushion	Samsonite® Inflatable Neck Cushion	1	\$3



## Our Catalog Items

Item	Description	Brand Comparable	Qty	Amount
<b>Adaptive Aids (continued)</b>				
428	Manicure Beauty Set	Cala® Manicure Beauty Set	3 pc	\$2
432	Shower Cap	Firstline® Shower Cap	3	\$2
477	Iodine	Swan® Iodine	4 oz.	\$3
478	Travel Iodine	Swan® Travel Iodine	2.3 oz.	\$2
479	Alcohol Swab	Swan® Alcohol Swab	1	\$1
483	Waterproof Adhesive Bandages	Ace® Waterproof Adhesive Bandages	12 ct	\$7
487	Instant Cold Packs	Dynarex® Instant Cold Packs	1 ct	\$2
1001	N-95 Disposable Mask	3M N-95 Disposable Mask	2 ct	\$5
1009	Mask, Surgical	3M Mask, Surgical	3 ct	\$5

## Notice of Nondiscrimination

WellCare of North Carolina complies with applicable federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender identity or expression, or sexual orientation. WellCare of North Carolina does not exclude people or treat them differently because of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender, gender identity or expression, or sexual orientation.

WellCare of North Carolina provides free auxiliary aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified American Sign Language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

WellCare of North Carolina provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, call **1-866-799-5318 (TTY/TDD 711)**.

If you believe that WellCare of North Carolina has failed to provide these services or discriminated in another way based on race, color, national origin, age, disability or sex, you can file a grievance with:

### **WellCare of North Carolina**

Attn: Grievance Department

PO Box 31384

Tampa, FL 33631-3384

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

- Online: [ocrportal.hhs.gov/ocr/portal/lobby.jsf](https://ocrportal.hhs.gov/ocr/portal/lobby.jsf)
- By mail:  
U.S. Department of Health and Human Services  
200 Independence Avenue SW., Room 509F, HHH Building  
Washington, DC 20201
- By phone: **1-800-368-1019 (TDD: 1-800-537-7697)**

Complaint forms are available at [hhs.gov/ocr/office/file/index.html](https://hhs.gov/ocr/office/file/index.html).

The NC Medicaid Ombudsman can provide you with free, confidential support and education about the rights and responsibilities you have under NC Medicaid. Call **1-877-201-3750** or visit [ncmedicaidombudsman.org](https://ncmedicaidombudsman.org).

## **Aviso de no discriminación**

WellCare of North Carolina cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad, credo, afiliación religiosa, ascendencia, sexo, identidad o expresión de género u orientación sexual. WellCare of North Carolina no excluye a las personas ni las trata de forma diferente por motivos de raza, color, origen nacional, edad, discapacidad, credo, afiliación religiosa, ascendencia, sexo, género, identidad o expresión de género u orientación sexual.

WellCare of North Carolina proporciona ayuda y servicios auxiliares gratuitos a las personas con discapacidades para que se comuniquen eficazmente con nosotros, por ejemplo:

- Intérpretes calificados de lenguaje de señas americano
- Información escrita en otros formatos (letra grande, audio, formatos electrónicos accesibles, otros formatos)

WellCare of North Carolina ofrece servicios lingüísticos gratuitos a las personas para las cual el idioma principal no es el inglés, por ejemplo:

- Intérpretes calificados
- Información escrita en otros idiomas

Si necesita estos servicios, llame al **1-866-799-5318 (TTY/TDD 711)**.

Si cree que WellCare of North Carolina no le ha prestado estos servicios o lo ha discriminado de alguna otra manera por motivos de raza, color, nacionalidad, edad, discapacidad o sexo, puede presentar una queja ante:

### **WellCare of North Carolina**

Attn: Grievance Department

PO Box 31384

Tampa, FL 33631-3384

También puede presentar una queja de derechos civiles ante la Oficina de Derechos Civiles del Departamento de Salud y Servicios Humanos de los Estados Unidos:

- En línea: [ocrportal.hhs.gov/ocr/portal/lobby.jsf](https://ocrportal.hhs.gov/ocr/portal/lobby.jsf)
- Por correo:  
U.S. Department of Health and Human Services  
200 Independence Avenue SW., Room 509F, HHH Building  
Washington, DC 20201
- Por teléfono: **1-800-368-1019 (TDD: 1-800-537-7697)**

Los formularios de quejas están disponibles en: [hhs.gov/ocr/office/file/index.html](https://hhs.gov/ocr/office/file/index.html).

El NC Medicaid Ombudsman puede proporcionarle apoyo, educación gratuita y confidencial sobre los derechos y responsabilidades que tiene bajo NC Medicaid. Llame al **1-877-201-3750** o visite [ncmedicaidombudsman.org](https://ncmedicaidombudsman.org).

## Auxiliary Aids and Interpreter Services

You can request free auxiliary aids and services, including this material and other information in large print. Call **1-866-799-5318 (TTY/TDD 711)**. If English is not your first language, we can help. Call **1-866-799-5318 (TTY/TDD 711)**. We can give you, free of charge, the information in this material in your language orally or in writing, access to interpreter services, and can help answer your questions in your language.

**Español (Spanish):** Puede solicitar ayudas y servicios auxiliares gratuitos, incluido este material y otra información en letra grande. Llame al **1-866-799-5318 (TTY/TDD 711)**. Si el inglés no es su lengua nativa, podemos ayudarle. Llame al **1-866-799-5318 (TTY/TDD 711)**. Podemos ofrecerle, de forma gratuita, la información de este material en su idioma de forma oral o escrita, acceso a servicios de interpretación y podemos ayudarle a responder a sus preguntas en su idioma.

**中国人 (Chinese):** 您可以申请免费的辅助工具和服务 包括本资料和其他计划信息的大字版。请致电 **1-866-799-5318 (TTY/TDD 711)**。如果英语不是您的首选语言，我们能提供帮助。请致电 **1-866-799-5318 (TTY/TDD 711)**。我们可以通过口头或书面形式，用您使用的语言免费为您提供本资料中的信息，为您提供翻译服务，并且用您使用的语言帮助回答您的问题。

**Tiếng Việt (Vietnamese):** Bạn có thể yêu cầu các dịch vụ và hỗ trợ phụ trợ miễn phí, bao gồm tài liệu này và các thông tin khác dưới dạng bản in lớn. Gọi **1-866-799-5318 (TTY/TDD 711)**. Nếu Tiếng Anh không phải là ngôn ngữ mẹ đẻ của quý vị, chúng tôi có thể giúp quý vị. Gọi đến **1-866-799-5318 (TTY/TDD 711)**. Chúng tôi có thể cung cấp miễn phí cho quý vị thông tin trong tài liệu này bằng ngôn ngữ của quý vị dưới dạng lời nói hoặc văn bản, quyền tiếp cận các dịch vụ phiên dịch, và có thể giúp trả lời các câu hỏi của quý vị bằng chính ngôn ngữ của quý vị.

**한국인 (Korean):** 귀하는 무료 보조 자료 및 서비스를 요청할 수 있으며, 여기에는 큰 활자체의 자료 및 기타 정보가 있습니다. **1-866-799-5318(TTY/TDD 711)** 번으로 전화주시기 바랍니다. 영어가 모국어가 아닌 경우 저희가 도와드리겠습니다. **1-866-799-5318(TTY/TDD 711)** 번으로 전화주시기 바랍니다. 저희는 귀하께 구두로 또는 서면으로 귀하의 언어로 된 자료의 정보를, 그리고 통역 서비스의 사용을 무료 제공해 드리며 귀하의 언어로 질문에 대한 답변을 제공해 드리겠습니다.

**Français (French):** Vous pouvez demander des aides et des services auxiliaires gratuits, y compris ce document et d'autres informations en gros caractères. Composez le **1-866-799-5318 (TTY/TDD 711)**. Si votre langue maternelle n'est pas l'anglais, nous pouvons vous aider. Composez le **1-866-799-5318 (TTY/TDD 711)**. Nous pouvons vous fournir gratuitement les informations contenues dans ce document dans votre langue, oralement ou par écrit, vous donner accès aux services d'un interprète et répondre à vos questions dans votre langue.

**Hmoob (Hmong):** Koj tuaj yeem thov tau cov khoom pab cuam thiab cov kev pab cuam, suav nrog rau tej ntaub ntawv no thiab lwm lub phiaj xwm tej ntaub ntawv kom muab luam ua tus ntawv loj. Hu rau **1-866-799-5318 (TTY/TDD 711)**. Yog tias Lus Askiv tsis yog koj thawj hom lus hais, peb tuaj yeem pab tau. Hu rau **1-866-799-5318 (TTY/TDD 711)**. Peb tuaj yeem muab tau rau koj yam tsis sau nqi txog ntawm tej ntaub ntawv muab txhais ua koj hom lus hais ntawm ncauj los sis sau ua ntawv, mus siv tau cov kev pab cuam txhais lus, thiab tuaj yeem pab teb koj cov lus nug hais ua koj hom lus.

**عربي (Arabic):** يمكنك طلب الخدمات والمساعدات الإضافية المجانية بما في ذلك، هذا المستند ومعلومات أخرى حول الخطة بأحرف كبيرة. اتصل على الرقم **1-866-799-5318 (TTY/TDD 711)**. إذا كانت اللغة الإنجليزية ليست لغتك الأولى، فيمكننا المساعدة. اتصل على الرقم **1-866-799-5318 (TTY/TDD 711)**. يمكننا أن نقدم لك المعلومات الواردة في هذا المستند بلغتك شفهيًا أو كتابيًا إلى خدمات

**Русский (Russian):** Вы можете запросить бесплатные вспомогательные средства и услуги, включая этот справочный материал и другую информацию напечатанную крупным шрифтом. Позвоните по номеру **1-866-799-5318 (TTY/TDD 711)**. Если английский не является Вашим родным языком, мы можем Вам помочь. Позвоните по номеру **1-866-799-5318 (TTY/TDD 711)**. Мы бесплатно предоставим Вам более подробную информацию этого справочного материала в устной или письменной форме, а также доступ к языковой поддержке и ответим на все вопросы на Вашем родном языке.

**Tagalog (Tagalog):** Maaari kang humiling ng libreng mga auxiliary aid at serbisyo, kabilang ang materyal na ito at iba pang impormasyon sa malaking print. Tumawag sa **1-866-799-5318 (TTY/TDD 711)**. Kung hindi English ang iyong unang wika, makakatulong kami. Tumawag sa **1-866-799-5318 (TTY/TDD 711)**. Maaari ka naming bigyan, nang libre, ng impormasyon sa materyal na ito sa iyong wika nang pasalita o nang pasulat, access sa mga serbisyo ng interpreter, at matutulungang sagutin ang mga tanong sa iyong wika.

**ગુજરાતી (Gujarati):** તમે મોટી પ્રિન્ટમાં આ સામગ્રી અને અન્ય માહિતી સહિત મફત સહાયક સહાય અને સેવાઓની વિનંતી કરી શકો છો. **1-866-799-5318 (TTY/TDD 711)**. પર કૉલ કરો જો અંગ્રેજી તમારી પ્રથમ ભાષા ન હોય, તો અમે મદદ કરી શકીએ છીએ. **1-866-799-5318 (TTY/TDD 711)**. પર કૉલ કરો તમારી ભાષામાં મૌખિક રીતે અથવા લેખિતમાં તમને આ સામગ્રીની માહિતી અમે વિના મૂલ્યે આપી શકીએ છીએ, દુભાષિયા સેવાઓની સુલભતા આપી શકીએ છીએ અને તમારી ભાષામાં તમારા પ્રશ્નોના જવાબ આપવામાં અમે સહાયતા કરી શકીએ છીએ.

**ខ្មែរ (Khmer):** អ្នកអាចស្នើសុំសម្ភារៈនិងសេវាជំនួយដោយឥតគិតថ្លៃ រួមទាំងព័ត៌មានអំពីសម្ភារៈនេះ និងព័ត៌មានអំពី ផ្សេងទៀតនៅជាអក្សរពុម្ពផង។ ហៅទូរសព្ទទៅលេខ **1-866-799-5318 (TTY/TDD 711)** ។ ប្រសិនបើភាសាអង់គ្លេសមិនមែនជាភាសាទីមួយរបស់អ្នក យើងអាចជួយអ្នកបាន។ ហៅទូរសព្ទទៅលេខ **1-866-799-5318 (TTY/TDD 711)** យើងអាចផ្តល់ជូនអ្នកដោយឥតគិតថ្លៃនូវព័ត៌មាននៅក្នុងឯកសារនេះជាភាសារបស់អ្នកដោយផ្ទាល់មាត់ឬជាលាយលក្ខណ៍អក្សរ ទទួលបានសេវាអ្នកបកប្រែ និងអាចជួយឆ្លើយសំណួររបស់អ្នកជាភាសារបស់អ្នក ។

**Deutsch (German):** Sie können kostenlose Hilfsmittel und Services anfordern, darunter diese Unterlagen und andere Informationen in Großdruck. Rufen Sie uns an unter **1-866-799-5318 (TTY/TDD 711)**. Sollte Englisch nicht Ihre Muttersprache sein, können wir Ihnen behilflich sein. Rufen Sie uns an unter **1-866-799-5318 (TTY/TDD 711)**. Wir können Ihnen die in diesen Unterlagen enthaltenen Informationen kostenlos mündlich oder schriftlich in Ihrer Sprache zur Verfügung stellen, Ihnen einen Dolmetscherdienst vermitteln und Ihre Fragen in Ihrer Sprache beantworten.

**हिंदी (Hindi):** आप इस सामग्री और अन्य की जानकारी बड़े प्रिंट में दिए जाने सहित मुफ्त अतिरिक्त सहायता और सेवाओं का अनुरोध कर सकते हैं। **1-866-799-5318 (TTY/TDD 711)** पर कॉल करें। अगर अंग्रेजी आपकी पहली भाषा नहीं है, तो हम मदद कर सकते हैं। **1-866-799-5318 (TTY/TDD 711)** पर कॉल करें। हम आपको मुफ्त में इस सामग्री की जानकारी आपकी भाषा में जबानी या लिखित रूप में दे सकते हैं, दुभाषिया सेवाओं तक पहुंच दे सकते हैं और आपकी भाषा में आपके सवालों के जवाब देने में मदद कर सकते हैं।

**ພາສາລາວ (Lao):** ທ່ານສາມາດຂໍການຊ່ວຍເຫຼືອເສີມ ແລະ ການບໍລິການຕ່າງໆໄດ້ແບບພຣີ, ລວມທັງເອກະສານນີ້ ແລະ ຂໍ້ມູນອື່ນໆເປັນຕົວເລິມໃຫຍ່. ໂທຫາເບີ **1-866-799-5318 (TTY/TDD 711)**. ຖ້າພາສາແມ່ຂອງທ່ານ ບໍ່ແມ່ນພາສາອັງກິດ, ພວກເຮົາສາມາດຊ່ວຍໄດ້. ໂທຫາເບີ **1-866-799-5318 (TTY/TDD 711)**. ພວກເຮົາສາມາດໃຫ້ຂໍ້ມູນໃນເອກະສານນີ້ ເປັນພາສາຂອງທ່ານທາງປາກເປົ້າ ຫຼື ເປັນລາຍລັກອັກສອນ, ການເຂົ້າເຖິງການບໍລິການນາຍແປພາສາ ໃຫ້ແກ່ທ່ານໂດຍບໍ່ເສຍຄ່າຫຍັງ ແລະ ສາມາດຊ່ວຍຕອບຄໍາຖາມຂອງທ່ານເປັນພາສາຂອງທ່ານ.

**日本 (Japanese):** この資料やその他の計画情報を大きな文字で表示するなど、無料の補助支援やサービスを要請することができます。 **1-866-799-5318 (TTY/TDD 711)**に電話してください。英語が母国語でない方はご相談ください。 **1-866-799-5318 (TTY/TDD 711)**に電話してください。この資料に記載されている情報を、お客様の言語で口頭または書面にて無料でお伝えするとともに、通訳サービスへのアクセスを提供し、お客様のご質問にもお客様の言語でお答えします。



